

Physical Presentation

Tip Of The Day: Physical Presentation

Effective physical presentation is an aspect of appearance that often takes the beginning model or actor longest to acquire. Some models and actors have innately attractive grace or style in their posture and movements. Others need to make minor refinements or improvements. Still others must be made aware of their shortcomings and must work on developing more effective physical presentation.

You may notice the difference between a beginning model or actor and one who is more experienced in their outward projection of confidence and style. The way an individual presents their self can make the difference between someone who is attractive and someone whose physical appearance makes a real impact. Modeling & Acting is a business based on images. A model and/or actor needs effective physical presentation in order to draw people's attention to him or her in a positive way.

Understanding the importance of effective physical presentation is vital to a model and actors success. Many aspiring models and actors fail because they lack this nonverbal style or awareness. This is because in the entertainment industry, experts can see to it that a model or actors makeup, hair, and clothing look ideal, but only the model or actor themselves can project an attractive individual look style or attitude with movement, facial expression, and deportment.

No model or actor is physically perfect, but a good model or actor is a master of illusion. A good model or actor knows that it is not only the actual physical appearance of the body or facial features that matters; it is the way he/she presents him/herself that makes the difference.